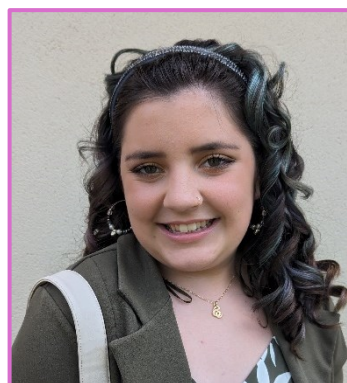


## Case Study

### Matilda (Tilly) Chadwick



Tilly is 14 years old and has been electively home educated since September 2023, following ongoing difficulties accessing learning at school due to suffering from severe anxiety and mental health issues. Tilly has a support worker, Connie, who is employed privately and visits the home for two days each week (15 hours) to support Tilly to access and engage in learning.

While her mental health has had significantly improved since being at home, there are many aspects of education that Tilly continues to miss out on. Parents feel strongly that she will benefit from attending a school that recognises her difficulties and has the right support in place to meet her needs and are continuing to seek the right provision for Tilly to continue her formal education in a school setting.

As a registered ASDAN centre we implemented the Personal Development Programme to Tilly's home education package to provide purpose and structure as well as maintaining levels of engagement in learning with a view to returning to school in the near future.

The weekly learning schedule is designed to be as practical and functional as possible with input from the therapists to make activities meaningful and focussed. On a Monday Tilly works with Connie to plan the week following the ASDAN programme. There is a clear focus on English and maths skills with Tilly completing activities such as

- Making shopping lists
- Instructions for a recipe
- Writing letter/emails
- Money – online research of shopping items/calculating the cost.
- Time – interpreting timetables and planning journeys
- Completing practical number problems involving a budget

The sessions follow a chosen topic as outlined in the ASDAN programme and have a clear focus of learning objectives. Tilly has responded well to ASDAN and has actively engaged in the learning activities. She has recently been awarded her ASDAN Animal Care Short Course, and her Bronze, Silver, and Gold Personal Development Programme. Tilly has also recently started ASDAN Short Courses in

- Hair and Beauty
- Expressive Arts
- Maths
- English
- Sport and Fitness

The ASDAN programme has proved hugely successful for Tilly and has provided her with the opportunity to develop transferrable skills, confidence, and independence in her learning which she can continue to develop into adulthood.